LUNCH MENU

ANTIPASTI

***"Gluten free dishes available on request

PIZZA AGLIO & ROSMARINO (v, ve) 5.20
Thin pizza base garlic, rosemary & ex virgin olive oil

PIZZA POMODORO (v, ve) 6.45
Thin pizza base with garlic, tomato & extra virgin olive oil

PIZZA POMODORO & FORMAGGIO (v) 6.95
Thin pizza base with garlic, tomato & ex virgin olive

OLIVE MARINATE (v, ve) 3.95
Selection of marinated olives

POLPETTE DI CARNE 8.25
Homemade meatballs in a spicy tomato sauce

PATÊ ROMA 7.95
Chicken liver patê with toasted bread & red onion chutney

BRUSCHETTA POMODORO (v, ve) 5.95
Grilled homemade bread, topped with tomatoes, garlic, basil & ex virgin olive oil

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PASTA

PENNETTE AL FORNO*** 9.95
Pasta baked with bolognaise sauce, salami, peas, Italian ham, mushrooms, cream & mozzarella

LINGUINE PESCATORA *** 13.95
Long pasta with baby calamari, squid, mussels, salmon & King prawns in a tomato & garlic sauce

LASAGNA 10.95
Layers of pasta baked with bolognaise sauce, béchamel & mozzarella

LINGUINE CARBONARA *** 10.95
Long pasta with a cream, Italian pancetta & grana Padano cheese

CAPUNTI CALABRESE *** 9.95
Handmade small pasta with tomato, a very spicy Nduja soft melting Calabrian salami & ricotta cheese

RAVIOLI ARAGOSTA 12.95
Lobster filled pasta in a cream & tomato sauce

LINGUINE GAMBERONI *** 15.95
Long pasta with King prawns, chorizo & chilli in a light tomato sauce

INSALATA CAPRESE (v,gf) 6.95
Mozzarella, fresh tomato & basil oil

ANTIPASTO MISTO Single 8.95 Large 14.95
A selection of Italian cured meats, cheeses & marinated vegetables

FUNGHI CREMA (v,gf) 7.95
Mushrooms sauteed in cream & garlic

MINESTRONE BELLA ROMA (v,gf) 6.25
Bella Roma style vegetables Italian soup

INVOLTINO SALMONE (gf 9.95
Smoked salmon, prawns & Marie Rose sauce

INSALATA DI MARE 10.95
A mixture of squid, prawns, octopus & mussels marinated in extra virgin olive oil, garlic & lemon

GAMBERONI DIAVOLA 12.95
King prawns in chilli, garlic & tomato sauce

CALAMARI FRITTI 9.95
Deep fried squid with tartare sauce

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Gluten free pasta available on request £1 extra

PENNETTE SALMONE & PISELLI *** 10.95
Pasta with fresh salmon, peas, cream & a touch of tomato

PENNETTE ARRABBIATA (v) *** 7.95
Pasta with tomato, garlic, fresh chilli & black olives
*****Add Chicken £2 extra

PENNETTE MEDITERRANEA (v) *** 9.95
Pasta with tomato, garlic, fresh peppers, black olives, mushrooms & peas

CRESPELLE RICOTTA & SPINACI (v) 9.95
Pancakes with spinach & ricotta baked in a tomato, cream & mozzarella

PENNETTE POLLO 9.95
Pasta with chicken, onion & mushrooms in a cream & tomato sauce

PENNETTE AMATRICIANA *** 9.95
Pasta with Italian pancetta, red onion, chilli & garlic

LINGUINE BOLOGNESE *** 9.95
Long pasta with a classic tomato & minced beef ragu

*(v) vegetarian dishes
* (vg) vegan dishes
*All prices are in £ & inclusive of VAT.
However, with parties of 10 Or more people 10% service charge will be added.
Please inform your waiter of any allergies or special requirements

June 26

LUNCH MENU

PIZZA

***"Gluten free dishes available on request £1 extra

CALZONE 10.95
Folded pizza with tomato, mozzarella, spinach, mushrooms, chicken & Italian ham

ROMA 10.95
Tomato, mozzarella, Tuscan sausage, spicy salami, Italian ham, spicy chicken, chilli & basil

PROSCIUTTO & FUNGHI 9.95
Tomato, mozzarella, Italian ham & mushrooms

CALABRESE 9.95
Tomato, mozzarella, spicy salami, a very spicy Nduja soft melting Calabrian salami, red onion & chilli

POLLO 9.95
Tomato, mozzarella, chicken, grilled courgettes, roast peppers & black olives

TONNO & CIPOLLA 9.95
Tomato, mozzarella, tuna, red onion & chilli

VEGETARIANA (v) 9.95
Tomato, mozzarella, grilled courgettes, aubergines, peppers & mushrooms

STAGIONI 9.95
Tomato, mozzarella, Italian ham, mushrooms, olives & artichokes

MARGHERITA (v) 9.95
Tomato, mozzarella & basil

PANINI "SANDWICHES"

***all served with fries

PANINO POLLO £10.95
Roasted chicken, tomato, salad leaves & mayonnaise

PANINO CAPRESE £8.95
Mozzarella, tomato, rocket salad & basil oil

PANINO MORTADELLA £8.95
Italian mortadella, ricotta cheese, rocket & basil oil

PANINO CARNE 10.95
Pan fried mini steak with caramelised onion

PANINO CAPRINO (V) 8.95
Grilled mediterranean vegetables & goats' cheese

PANINO MILANO 10.95
Milano salami, mozzarella & rocket salad

PANINO PORCHETTA 11.95
Roasted italian belly pork, tomato & salad leaves

*(v) vegetarian dishes
* (vg) vegan dishes
*All prices are in £ & inclusive of VAT.
However, with parties of 10 Or more people 10% service charge will be added.
Please inform your waiter of any allergies or special requirements

June 26

CARNE

***"Gluten free dishes available on request

POLLO CREMA 13.95
chicken breast in a mushroom, onion, paprika & cream sauce. served with vegetables & potatoes

POLLO NDUJA 13.95
chicken breast in a rich nduja soft melting Calabrian salami & black olives. served with vegetables & potatoes

POLLO BOSCAIOLA 13.95
chicken breast in a mushroom, garlic, rosemary & tomato sauce. served with vegetables & potatoes

POLLO AL PEPE ROSA 13.95
chicken breast with pink peppercorn, brandy & cream sauce, served with vegetables & potatoes

SALMONE 19.95
grilled salmon served with vegetables & potatoes in lemon butter & saffron sauce

FILETTO DI BRANZINO 19.95
Sea Bass fillet served with vegetables & potatoes in lemon butter & saffron sauce

BISTECCA DI MANZO*** 20.95
Prime 8oz rump steak served with hand cut chips & salad leaves

***ADD A STEAK SAUCES 3.55

CHOOSE FROM:

-MUSHROOMS & CREAM - PEPPERCORNS
-DOLCELATTE & CREAM -RED WINE
-RED WINE & MUSHROOMS
- DIANE

CONTORNI

FRENCH FRIES 3.65

SAUTÉED POTATOES 4.45

ZUCCHINI FRITTI 5.15

MIXED SALAD LEAVES 3.95

SAUTÉED PEA & ONION 3.95

ROASTED CARROTS THYME & ORANGE 4.15

HOMEMADE HAND CUT CHIPS 4.45